

JK1M10 Kick Off Venues - CabaranJomKurus.com (updated 25th 9pm)

Negeri	Kawasan Jom Kurus	Nama	Tarikh Kick Off	Masa	Phone: Main Contact 1	Phone: Main Contact 2	Venue
Brunei	Brunei	Nur Nabillah Abdullah	27th Jan	05:30 pm	Abby Abdullah 6738115536	Zull Hakim 6738345536	ActivFitness Studio Unit 5, 1st Floor, Block C Pg Menuddin Shopping Complex Batu Bersurat, Gadding Brunei Darussalam
Johor	SEGAMAT	MUHAMMAD ZULHILMI BIN DIRON	27th Jan	08:00 am	142754793	1126536037	Dataran Segamat
Johor	TANGKAK	TehaNasa	27th Jan	11:00 am	172974190		DATARAN TANGKAK
Johor	Skudai	Kama Haidir	27th Jan	08:30 am	167844506		BILIK MESYUARAT PROFESIONAL PEJABAT HARTA BINA UTM
Johor	Bandar Dato Onn	Afiat Healthcare Sdn Bhd	27th Jan	08:00 am	104007470	197101664	Afiat Center, No 40-1, Jalan Perjiranan 2,Bandar Dato Onn. (Atas Restoran ZZ Sup Tulang)
Johor	Bandar Penawar	norazman bin rasidek	26th Jan	08:30 pm	0107180848 azman		Gym Penawar ,Desaru utama
Johor	Kluang	Weskono	27th Jan	07:30 am	197586125	197586125	Dataran Tasik Kluang, Johor.
Johor	Kampung melayu majidee	Norriza binti zakaria (lieza)	27th Jan	05:00 pm	019-7459076		Dataran kampung melayu majidee
Johor	Gelang Patah	Mohd Zufiqry	27th Jan	09:00 am	194176387	017349 9293	NS Sport Centre, SILC Gelang Patah
Johor	Skudai	Kama Haidir	27th Jan	08:30 am	167844506		Industry Centre, Technovation Park, Universiti Teknologi Malaysia, 81300 Johor Bahru, Johor
Johor	Pontian	SYED	27th Jan	08:00 am	126085568	167226139	Stadium Mini Pontian
Johor	Muar	Team Leader Dila	27th Jan	08:00 am	+60132237675	+60132237675	GELANGGANG BERBUMBUNG SMK SUNGAI ABONG MUAR
Johor	Bandar Seri Alam	Musz	27th Jan	08:30 am	167704933	126504933	GET FIT79 STUDIO No 60c Jalan Lembah 19 Bandar Seri Alam 81750 Masai Johor
Johor	Setia Tropika, Kempas	Nur Saadah Bt Ab Halim	27th Jan	09:00 am	167235651		Southern Lion Martial Arts & Fitness Studio, Setia Tropika, Kempas
Johor	KOTA TINGGI	WAN MOHD KHAIRULNIZAM(NIZAMYUSOF)	27th Jan	08:30 am	017-8262176		TMN AWAM KOTA TINGGI
Johor	KULAI	Noor Zana bte Ngadirin	27th Jan	09:00 am	019 2660409		96 Gym Art & Studio Indahpura, Kulai Johor (near SAJ & Maybank Indahpura)
Johor	Tebrau	Mohamad Nawawi Farhan	27th Jan	08:15 am	016-7671427		Stadium Hoki Taman Daya , Johor Bahru
Johor	Pasir gudang	HILMI BIN MUSA	27th Jan	08:30 am	017-7272431	011-3706124 2	TS HOTEL PASIR GUDANG
Johor	Batu Pahat	Suhaila	27th Jan	07:30 am	137197688		Dataran Batu Pahat
Johor	Setia Tropika, Kempas	Nur Saadah Bt Ab Halim	27th Jan	09:00 am	167235651		Southern Lion Martial Arts & Fitness Studio, Setia Tropika, Kempas
Kedah	Pokok Sena	Coach Syuriamaya	27th Jan	05:00 pm	133927054		Sena Sports Center, Pokok Sena
Kedah	Alor setar 1	Firdaus hamid	27th Jan	11:00 am	1110054385	135850235	Menara alor setar
Kedah	Kuala Muda Yan	Coach Amy	27th Jan	05:07 pm	013-4991299		Miss Workout Studio 15 Shop House Permata Hill Park Sungai Petani Kedah
Kedah	Kuala Muda Yan	Coach Amy	27th Jan	05:07 am	134991299		Miss Workout Studio Permata Hill Park Sungai Petani
Kedah	Pendang	Nabila Rahman	26th Jan	07:30 am	017-5318384		Taman Rekreasi Pendang
Kedah	Alor Setar 2	Marni Ishak	27th Jan	08:30 am	012-4861956	017-5573510	Studio Gym, Tingkat 5, UTC Alor Setar, Kedah.
Kedah	Jitra	Diyana Fisio	27th Jan	12:00 pm	135850235		Seventy2 gym kepala batas
Kedah	Langkawi	Atikah Binti Abdul Karim	26th Jan	08:30 am	195659961		Pantai Cenang Pulau Langkawi
Kedah	Sintok	Izzuddin Hamdi	28th Jan	05:30 pm	012-4896364		Sekolah Kebangsaan Bandar Baru Sintok
Kedah	Sungai Petani kuala muda	Coach Kay	27th Jan	07:30 am	194424300	197149600	Kay fitness studio No 19a Lorong BLM 1/5 Bandar Laguna Merbok 08000 Sg Petani Kedah
Kedah	Kulim	Coach Zack	27th Jan	04:30 pm	197760450		Dataran Putra Kulim
Kedah	Gurun	Noor Zunita Binti Muchtar	27th Jan	09:00 am	135991662		Bukit Banyan
Kelantan	JELI	NOORZARIAH	27th Jan	11:00 am	1110100984		Dewan Chengal Kuarters TNB Pergau Jeli Kelantan
Kelantan	Kuala Krai	Siti shamzela	26th Jan	07:30 am	139633339	139708085	Dewan petra, smk sultan yahya petra 1
Kelantan	kubang kerian	zilla	26th Jan	08:00 am	012-6031804	018-4741611	bilik seminar,Kompleks belia sukan Panji
Kelantan	KOK LANAS	Nuramalini	27th Jan	08:00 am	183861182	145289600	Dataran Kada Kok Lanas
Kelantan	KOK LANAS	Nuramalini	27th Jan	08:30 am	183861182	145289600	PKB MALL POLITEKNIK KOK LANAS
Kelantan	Kota Bharu	Coach Shikin	27th Jan	08:00 am	179598048	103571909	Orbit De' Futsal Tiong
Kelantan	Kuala Krai	Siti shamzela	27th Jan	07:30 am	139633339	139708085	Dewan Besar SMK sultan yahya petra 1
Kelantan	Pengkalan chepa	Ridzuan bin mohd zulkeffi	26th Jan	08:00 am	184741611		Jbs panji

Kelantan	Tanah Merah	Nadia Hidayah Bt Abd Rahim	27th Jan	08:00 am	0135125345 (nadia)	+601110710532 (yasmin)	Sek. Men. Keb. Tanah Merah 1 (dewan utama)
Kelantan	Kubang kerian	Zalilawati zakaria	27th Jan	08:00 am	126031804		Kbs panji
Kuala Lumpur	batu kawan	MD YUNUS BIN MD YUSOFF	27th Jan	08:00 am	+60124150706		batu kawan
Kuala Lumpur	Segambut	Mohd Sharizal Bin Aziz	28th Jan	08:30 pm	012-356 5374 (Slay)	019-694 5783 (Muni)	Taman Metropolitan Batu, Jalan Ipoh
Kuala Lumpur	Bangi 2	Muhammad Aizat bin Abdul Razak	27th Jan	07:30 am	166612017	133680838	Stadium Seksyen 15, Bandar Baru Bangi
Kuala Lumpur	Cheras-Kajang	Anumz Enterprise	27th Jan	07:30 am	019-275 2979 (Anumz)	019-308 8664 (Anumz)	Taman Rekreasi Alam Damai aka The Park at Alam Damai (Bersebelahan Masjid Al-Mukhlisin @ Masjid Alam Damai) Lingkungan Damai, 56000 Kuala Lumpur Waze : Taman Rekreasi Alam Damai
Kuala Lumpur	KLCC	MOHD ZHRIN BIN CHE BAHAR NORDIN	27th Jan	08:00 am	013-331 0702 - KAPTEN BLACK	013-350 2107 - COACH FARHA	KLCC PARK
Kuala Lumpur	Ulu Klang	Coach Azmir Zed	27th Jan	08:30 am	+60126281590	+60172255320	Dataran Rekreasi Bukit Antarabangsa
Kuala Lumpur	KL Sentral	Mohd hafriz bin roslee	27th Jan	07:30 am	+60126758377		Lake gardens. Gather at masjid Bukit Aman car park and walk together to the location.
Kuala Lumpur	pantai dalam bangsar	Teratak Biduanda	27th Jan	08:30 am	135028006		PageKhas Kitchen 7-13 Residensi Kerinchi Bangsar South 59200 Kuala Lumpur
Kuala Lumpur	Ampang	Rehanah bt Pakeer Oothuman	27th Jan	09:00 am	129540819	-	Titanium fitness centre 33-1, Jalan AWF 1, Ampang Waterfront 68000 Ampang
Kuala Lumpur	Setiawangsa	Che wan	27th Jan	07:45 am	162081834		Taman bukit setiawangsa
Kuala Lumpur	Wangsa Maju (Ladies)	Nur Adilin bt Muhamed Ali	27th Jan	08:00 am	197303085		FIXME STUDIO, SETIAWANGSA
Kuala Lumpur	TAMAN TUN DR ISMAIL	HASLINDDA MOHAMAD SAINAN	27th Jan	08:30 am	176046640	196996621	TAMAN PERMAINAN TAMAN ZAABA, TAMAN TUN DR ISMAIL.
Kuala Lumpur	Titiwangsa	NURUL MAWADDAH	27th Jan	08:30 am	163285886	193772088	Sekolah Kebangsaan Setapak, Jalan Chan Chin Mooi, Setapak, 52100 KL
Kuala Lumpur	Damansara	FitFab club	27th Jan	10:00 am	198144421	122269411	Damansara
Kuala Lumpur	Sentul	Tcer Keen	26th Jan	09:00 pm	182887850		SK Jalan Kuantan 2
Kuala Lumpur	Cheras	Nur Adzreene Shaiera Bt Mohd Faudzi	27th Jan	08:00 am	+60123331096		Taman Tasik Permaisuri
Kuala Lumpur	Setapak	Isrul	27th Jan	08:00 am	012-6714 360		Hall Condo PV15, Danau Kota
Kuala Lumpur	Kuala lumpur	Ain	27th Jan	08:00 am	148029896		Padang A
Kuala Lumpur			26th Jan	06:09 pm	+60194567820	+60194567820	ddd
Melaka	Merlimau	Ddyana	27th Jan	08:00 am	123168661		Futsal Court Tmn Muhibbah, Merlimau
Melaka	Masjid tanah	Altafdarwish	27th Jan	08:00 am	199997414	199997414	Taman rekreasi bukit beringin masjid tanah melaka
Melaka	Alor Gajah	Abd Latif	27th Jan	08:30 am	178789821	173367477	KM384 Lorong Kasa Height 35 Taman Kasa Height 78000 Alor Gajah Melaka
Melaka	Bukit Serindit	L&L Fitness Studio	27th Jan	08:00 am	172648097	122930588	L&L Fitness Studio
Melaka	Bandar Melaka	Mido Kent	27th Jan	08:00 am	122930588	172648097	L&L Fitness Studio
Melaka	Paya Rumpit	Amal Farhah	27th Jan	08:00 am	139810376		Dewan Serbaguna Taman Bertam Jaya, Cheng, Melaka. Berhadapan Tesco Cheng. Sebelas station minyak Petronas.
Melaka	Bukit Katil	Glen Wee Eng Kiat	27th Jan	05:00 pm	172635087		Woodbox Fitness No. 53-1, Jalan PPPS1, Pusat Perniagaan Putra Sentosa, 75150, Melaka
Melaka	AYER KEROH	COACH AMIR KHUSHAIRI	28th Jan	09:00 am	013-4382124		BILIK KULIAH UTC BANDAR MELAKA TINGKAT 8.
Negeri Sembilan	Tampin	Azie & Zakwan	27th Jan	07:30 am	013-3964668	+60 19-686 8893	Mini Stadium Tampin
Negeri Sembilan	Sendayan - S2 Heights	Syafiq Chapx	27th Jan	08:00 am	122739454		The Urban Affairs Butik & Cafe, Dataran S2 Centrio
Negeri Sembilan	Kuala pilah	Harith & Fina	27th Jan	08:00 am	198512350	198512350	Kompleks Belia dan Sukan Kuala Pilah
Negeri Sembilan	seremban ladies only	Suraya	28th Jan	08:00 am	169622653		Dewan Aspirasi Lavender Height
Pahang	Bentong	Coach Ayu	27th Jan	08:30 am	142947842	182436700	Gimnasium Rakyat Bentong

Pahang	Beserah	Nozahiyah bt Ismail	27th Jan	05:00 pm	199100711		Dewan Orang ramai, Balok
Pahang	Beserah	Nozahiyah bt Ismail	27th Jan	05:00 pm	199100711		Dewan Orang ramai, Balok
Pahang	Jerantut	Ekah kadis	27th Jan	08:00 am	199271052		Kompleks Belia dan Sukan Jerantut
Pahang	Raub	Kartini Abdul Rahim	27th Jan	05:00 pm	129695779		Nutrition Club Happier Healthier 27600 Raub Pahang
Pahang	KUANTAN 2	Coach Syam	27th Jan	08:00 am	013-6303009	011-23829395	Taman Bandar Indera Mahkota (basketball court)
Pahang	Kuantan 1	Ain Zubaidah Bt Ismail	27th Jan	08:00 am	195244729		Dewan SUKPA, Kuantan
Pahang	Pekan	Pokleh	27th Jan	09:00 am	136166757		Padang Polo, Pekan
Perak	Kuala Kangsar	Nor Azizul Addhar bin Abd Latip	27th Jan	08:00 am	193812118	193372118	Dewan Puspanita, Bukit Chandan
Perak	Ipoh	Tz	27th Jan	02:00 pm	125035797		Dewan Aras 3 Pejabat Tanah dan Galian Negeri Perak, Bangunan Sri Perak Darul Ridzuan, Jln Panglima Bukit Gantang Wahab, 30000 Ipoh, Perak
Perak	Teluk Intan	Razaligh	27th Jan	08:00 am	108989255	196639255	Gelanggang Bola Keranjang Padang Speedy, Teluk Intan
Perak	PARIT BUNTAR	Juma Sabran	27th Jan	08:00 am	1136658153	122424123	Dataran Persisiran Sungai Krian (Pekan Lama), Parit Buntar
Perak	Taiping	Ainul Syafikha	27th Jan	07:30 am	132579459	132579459	KOMPLEKS RAKAN MUDA LARUT MATANG DAN SELAMA
Perak	Ipoh2	Azian Raduan	27th Jan	09:30 am	125191950		Bilik Taklimat
Perak	LUMUT	MOHD SHAHRIN B HASAN SEZALI	27th Jan	08:00 am	124001767	124001767	TELUK BATIK
Pulau Pinang	Jelutong	San Chat	28th Jan	08:00 am	012 4293627	012 4293627	Bukit Dumbar
Pulau Pinang	Seberang Jaya	Idayu bt Ismail	27th Jan	07:30 am	012-5606552		Mario Gym Studio (Combine with Team Kepala Batas)
Pulau Pinang	Bukit Mertajam	Coach Fiza	27th Jan	08:00 am	174855997	174542404	Dewan Apartment Permata, Bandar Perda, BM
Pulau Pinang	GEORGETOWN	Muhammad Fitri bin Bukhari	27th Jan	08:00 am	Fitri - 0195059324	Aishah - 0124382458	DEWAN B KOMPLEKS BELIA SUKAN BATU UBAN , GELUGOR PULAU PINANG
Pulau Pinang	Tasek Gelugor	Noorsyuhada Md Noor	27th Jan	07:30 am	013-3683884	011-10401747	Dewan Sekolah Menengah Kepala Batas
Pulau Pinang	Sungai Ara	Kick Off Team Sungai Ara	27th Jan	07:30 am	175014961	174585784	BILIK SEMINAR 153, D11 (PTPM) USM PENANG
Pulau Pinang	Usm sungai dua	Coach Rosli	27th Jan	10:00 am	142571775	014-2571779	Stadium Olahraga USM PENANG
Pulau Pinang	Kepala Batas	Noraimi Liyana	27th Jan	07:30 am	193171085		MARIO GYM STUDIO, Kepala Batas, Penang.
Putrajaya & Cyberjaya	Putrajaya	Gillian Benjamin	28th Jan	09:30 am	+60129122657		GQ Fitness, Presint Diplomatik, P15.
Putrajaya & Cyberjaya	putrajaya 3	reza	27th Jan	07:30 am	126544464	193961141	Kompleks Sukan Air Putrajaya, Presint 6
Sabah	Kuala Penyu	Bibi Ramlee	27th Jan	07:00 am	178763981		Dewan bomba kuala penyu, jalan Kemansian, kuala penyu.
Sabah	Kota Belud	Rowell Bin Bombon	28th Jan	08:00 am	195205071	138647668	Sweat factory P/O box 153 Kg taginambur, ranau bypass Kota belud, sabah
Sabah	Zon Manggatal	Aina hannie	27th Jan	06:30 am	128185944		Taman likas (anjung senja) Sebelum jejambat yayasan Sabah
Sabah	Papar	Fun Circuit Training & HIIT	27th Jan	03:00 pm	138849747	138849747	Muscle Warrior Gym Papar Sabah
Sabah	LIKAS zone	Cruzellyn Alex	28th Jan	03:00 pm	019-840 5211		CRUZ Fitness & Fight gym @ Taman Khidmat arcade (above Khidmat supermarket)
Sabah	BEAUFORT	MASILINAH DORIMIN	27th Jan	08:00 am	1126693826		KOMPLEKS SUKAN, BEAUFORT
Sabah	Sandakan	Zunaidah Binti Ariffin	27th Jan	02:30 pm	195585572		Aerobic Room Sandakan Sports Kompleks
Sabah	Alamesra	Fernandez Howard Lai	27th Jan	07:15 pm	165825188		Mpower Fitness Studio Sabah, Inanam Capital, Inanam Sabah
Sabah	Keningau	ValRoss Alfante	27th Jan	03:00 pm	164439149		Kompleks Sukan Keningau
Sabah	Labuan	Suryanee binti Suhaimi	28th Jan	04:00 pm	168493179		Taman Damai Labuan
Sabah	Zon manggatal	Aina hannie	27th Jan	03:00 pm	128185944		Gym utc kota kinabalu
Sabah	LIKAS zone	Cruzellyn Alex	26th Jan	02:00 pm	019-840 5211		CRUZ Fitness & Fight gym @ Tmn. Khidmat arcade
Sabah	Putatan	Coach Ben & Calvin	28th Jan	08:00 am	109310886		JUARAGYM Putatan Sila Waze/Google Maps "JuaraGym" untuk panduan memandu.

Sabah	Kota Kinabalu	Kevin Andrew	27th Jan	09:00 am	Kevin Andrew : 0138346231		Revolucamp RX Training Center, Lot 37, 2nd Floor Block L Royal Plaza Putatan 89500 Putatan. (Waze Revolucampxrtc)
Sarawak	Kuching	Nazim bujang	27th Jan	02:00 pm	168995575		Levelup fitness, wisma everrise, lot 376 jalan petanak, 93100 kuching
Sarawak	Bintulu	Farhan Jai	27th Jan	10:00 am	146806032		Plumeria studio bintulu
Sarawak	Petra Jaya	Faiz Talip	28th Jan	09:00 am	1125104929	139349257	Metrocity, Kuching
Selangor	Subang Jaya	Coach Amir Yazman	27th Jan	09:00 am	+60122840042	+60122800402	SF Academy, Gym & Fitness Studios USJ1 Subang Jaya Drive there using Waze: https://waze.to/lr/hw281rcfvw
Selangor	PANDAN INDAH	SYAFIQUE	27th Jan	08:30 am	013.743.0769		Fit station Fitness Center (waze) Kapital Mall Pandan Indah
Selangor	Bukit Mahkota	Natalia Edaura	27th Jan	07:45 am	176134870		The Atmosphere, Seri Kembangan
Selangor	Shah Alam 1	Abdullah Bin Hassan	27th Jan	08:00 am	0132522615 - Coach Dollah		Taman Lembah Bukit SUK, Seksyen 5, Shah Alam
Selangor	Kota Kemuning	Dayang	27th Jan	08:00 am	017-5478807		Dewan Tainia, Seksyen 31, Kota Kemuning
Selangor	Shah Alam 2	Shukri & Aain Nadra	27th Jan	08:00 am	011-28175445	014-8029896	TISAS Academy Sdn Bhd 29A, Jalan Kristal K7/K, Seksyen 7, 40000 Shah Alam, Selangor
Selangor	Kajang-Bangi	Reza Firdaus Mohd Zarin	27th Jan	08:00 am	178892638	126591241	DG Bangi
Selangor	Rawang - King Eizham	King Eizham	27th Jan	08:00 am	019-2844684		Dewan Orang Ramai Kg Melayu BT16, Rawang.
Selangor	Puncak Perdana	Abu Ammar	27th Jan	08:00 am	189717515		CAHAYA SPK RESORT CLUB
Selangor	Saujana Utama	Jamal	27th Jan	07:30 am	196009280	196009280	Forrest Park Hillpark
Selangor	Sungai Buloh	Shafiq Apex Fitness	27th Jan	08:00 am	012-3538714	019-3806275	Futsal Court Aman Putri GPS Coordinate: 3.2119040, 101.5216450
Selangor	Bangi	Fieyla	27th Jan	08:30 am	192996667	192996667	Bilik seminar Alfa Technologies Sdn Bhd Tingkat 1 No 32 Jalan 7/7A Seksyen 7 (berdepan dengan Mydin)
Selangor	BUKIT JELUTONG	COACH DUAN	27th Jan	03:30 pm	143387300	163576199	D'Vida Business Centre, Bukit Jelutong (depan Ideaa Station) IDEAA Station, Shah Alam, drive there using Waze: https://waze.com/ul/hw281websj
Selangor	Setia Alam	Nor Shafiqah Alia Binti Amran	27th Jan	08:30 am	017-6836063 Domok	017-3758717 Hazwan	Dataran Padang Setia City Mall
Selangor	Batu Tiga Shah Alam	Mohd Firdaus	28th Jan	08:00 am	126878736		Dewan Raja Muda Musa, Shah Alam
Selangor	Bukit Jelutong	Amalia Syakirah binti khairil anuar	27th Jan	11:30 am	1129293348		UNIFIT GYM TTDI JAYA, SHAH ALAM.
Selangor	KLIA	Coach Tebu	27th Jan	07:30 am	102866824		Dewan Sekolah Kota Warisan
Selangor	Meru	Ayen raus	27th Jan	08:00 am	176435102	176435102	Dewan Raja Musa
Selangor	Puchong (Ladies Only)	Esfah Lili	27th Jan	07:30 am	012-6201851 (Esfah)		Public park Jalan Kinrara 6E, Taman Damai Utama, Bandar Kinrara, Puchong.
Selangor	KUALA KUBU BHARU	ELLA RAFDZI	26th Jan	07:30 am	019-2414763		DEWAN SERBAGUNA AKADEMI BOMBA & PENYELAMAT KUALA KUBU BHARU (BERDEKATAN DENGAN SEK MEN KEBANGSAAN KKB)
Selangor	Klang 2	Natrah bt Amalluddin	27th Jan	08:00 am	Natrah Amalluddin	Shahrizam Abd Malek (Chacha)	Sekolah Kebangsaan Kampung Idaman, Pelabuhan Klang
Selangor	Serdang	Ameelia Elynna Zaijan Binti Zainal Abidin	27th Jan	07:30 am	126674824		Tasik Seri Serdang
Selangor	SEMENYIH	HALIMATON SAADIAH SADON	27th Jan	07:45 am	197484760		DEWAN PELANGI SEMENYIH
Selangor	Gombak	Safatitlife enterprise	27th Jan	08:00 am	173117314		Hyperflex fitness, taman selasih fasa 2, gombak
Selangor	Kajang 2	Meor Sony	27th Jan	09:00 am	0163337490 : Meor Sony	0163337490 : Meor Sony	Dewan Serbaguna Orang Ramai Bukit Mewah Kajang, Selangor Darul Ehsan
Selangor	Dengkil	Syed Mustaqim Bin Syed Yusoff	27th Jan	07:30 am	+60133999353		Tapak Floria, Putrajaya
Selangor	Subang Bestari	Azri Bin Ismail	27th Jan	10:00 am	017-2999713	018-2422156	Dewan Bunga Matahari, Subang Bestari
Selangor	Glenmarie	Nursyafiqah	27th Jan	07:30 am	135440288		Tasik Shah Alam (pkns)
Selangor	Sungai Besi (Ladies only)	Team Leader Qibah	27th Jan	07:45 am	017-3560098 - Qibah		Track Berjalur Tepi Tasik, Taman Tasik Permaisuri
Selangor	Seri kembangan	Marina	27th Jan	08:00 am	126299424		The Atmosphere, seri kembangan
Selangor	Petaling jaya 2	Azhabeevi binti h samsudeen	27th Jan	08:00 am	127303878	182346423	Taman Jaya, Petaling Jaya
Selangor	Dengkil	Aqeeem	27th Jan	07:30 am	+60133999353	+60133999353	Tapak Floria, Putrajaya
Selangor	TAMAN MEDAN	NORAZLINA BT MUTAAL	27th Jan	03:00 pm	012-4232380		Pusat Rakan Muda, ARENA, Petaling Jaya - Google Map: Pusat Rakan Muda, Jalan Selangor - Waze: Kompleks Arena, Petaling Jaya
Selangor	PETALING JAYA	MOHD KHAIRUL AZUAN BIN DIN	27th Jan	08:00 am	+6013-313 5386	+6012-4232380	Pusat Rakan Muda ARENA, Petaling Jaya - Google Map: Pusat Rakan Muda, Jalan Selangor - Waze: Kompleks Arena, Petaling Jaya
Selangor	Banting	Zakiah	27th Jan	08:30 am	192548693	197737257	Dataran Banting
Selangor	Denai Alam	Lean n Fit Resources	27th Jan	07:30 am	127531658		Dewan Pudina Taman Bukit Subang

Selangor	Bandar Klang	TL armand	27th Jan	08:30 am	132727376		TAMAN BANDAR DIRAJA KLANG.
Terengganu	kuala nerus 2	Sumayyah Abdul Hadi	27th Jan	08:30 am	139588100	139588100	studio & gym nutribaiti, pekan batu enam (bersebelahan desa murni)
Terengganu	kuala nerus 2	Sumayyah Abdul Hadi	27th Jan	08:30 am	139588100	139588100	studio & gym nutribaiti, pekan batu enam (bersebelahan desa murni)
Terengganu	Kerteh	Hardiana Haris	27th Jan	08:30 am	+60123318022	+60199500784	Studio Nutricozy Kerteh (Bandar Baru Kerteh)
Terengganu	Paka	Coach Paan	27th Jan	08:00 am	176304943		Ajas Wellness Functional Gym, Paka, Terengganu
Terengganu	Besut	Rasayu	27th Jan	08:00 am	010-863 3831	012-335 3646	Dewan Terbuka Padang Astaka, Gong Kemuntong, Bandar Jerteh
Terengganu	DUNGUN	LINA SYAMIMI	27th Jan	05:00 pm	139689190	199649190	Bilik Seminar Zaiton & Partner Pulau serai Dungun
Terengganu	Kuala Terengganu 2	Fadzlan Zamalin Zainal Ashirin	27th Jan	07:30 am	199521309	199521309	Taman Awam Batu Buruk